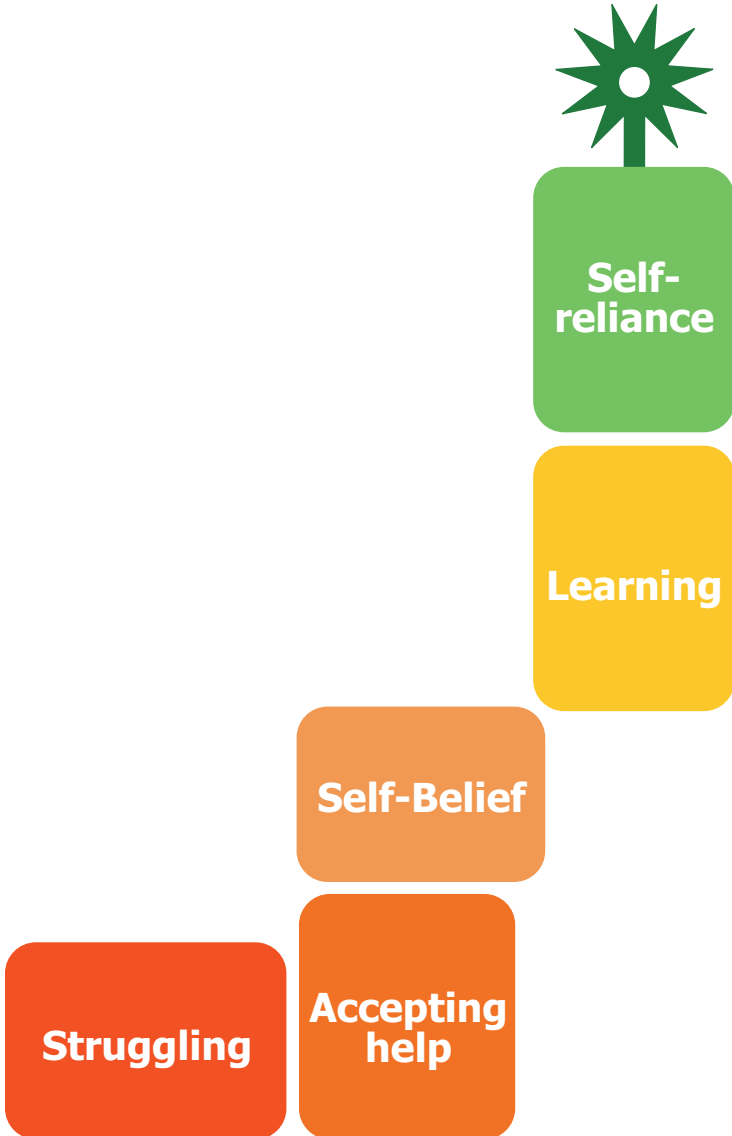


smartmoves

steps to independence...



...in your own home

What will **smartmoves** do for me?

smartmoves is a FREE service that will provide you with support, help and information to give you the skills and knowledge to live successfully in your own home. We will work with you to make sure that what we offer is what you need. If your needs change, then we will make sure what we offer changes.

Is **smartmoves** for me?

If you live in Stoke-on-Trent and are:

- Aged 16 or over
- Single, couples or a family
- At risk of losing your home
- Need help to sort out your bills and debt
- Living alone, feel lonely and finding it hard to cope

How do I apply?

You do not have to live in rented accommodation to receive help from **smartmoves**. We can provide help whether you rent from the Council, a housing association, a private landlord, or live in your own home.

You don't need to be receiving any other type of help or support to access **smartmoves**. Ring us for an informal chat on **01782 683166**. We will look to see what we can help you with.

However, if you have a social worker, CPN, probation officer or health worker then speak to them about **smartmoves** and ask them to refer you in. You can also ask at the Citizens Advice Bureau.

A **smartmoves** worker will call to arrange to meet you at a time and place that suits you. You will be able to discuss in more detail what your needs are and find out if the service is right for you.

How does it work?

You will have your own **smartmoves** worker who will give you the support that you need. With our help you will design your own personal action plan based on what you want to achieve.

Your **smartmoves** worker can also work closely with other agencies to make sure you get help from home improvement services, social services, Citizens Advice Bureau, health, education and training as well as energy saving advice.

Your personal support plan will help you with:



Managing your home help to find furniture, get repairs done and keeping your home clean

Managing money help to budget your money so there's enough for everything you need including your gas and electric bills etc

Self care and living skills help you to look after yourself and your home



Motivation and taking responsibility helping you to reach your goals and stay focused

Meaningful use of time help to find education, training and fun activities that interest you and give you a reason to get up in the morning

Social networks and relationships help to meet new people and reconnect with family and friends



Physical health help to find G.P.s, dentists, etc and how to make and get to appointments

Emotional & mental wellbeing support through difficult times and help to use other services

Drug and alcohol misuse help to use substance misuse services and support to get you through it

Offending support with probation or paying fines

What is **smartmoves**?

smartmoves is a partnership between Brighter Futures, North Staffs YMCA and Gingerbread. We are committed to using our experience and expertise to provide excellent services to the people of Stoke-on-Trent. We provide high quality support that puts your aspirations and needs at the centre of our service. We will provide you with help to maintain your independence in your home. The service is funded by the Supporting People Partnership through Stoke-on-Trent City Council.

All staff are CRB checked and fully trained to provide a high quality service to standards agreed nationally for housing-related support services.

Where can I find out more?

For an informal chat or further information, application or referral form please contact the office where our staff can assist you.

smartmoves
The Dudson Centre
Hope Street
Hanley
Stoke-on-Trent
ST1 5DD

Telephone: 01782 683166
Fax: 01782 683195
Email:
info@smartmoves.org.uk
www.smartmoves.org.uk



For information about Supporting People at Stoke-on-Trent City Council:
tel: [01782 232123](tel:01782232123) fax: [01782 232217](tel:01782232217) email: supporting.people@stoke.gov.uk
web: www.stoke.gov.uk/supportingpeople